

I have learnt a lot from this exchange programme, for example, self-discipline, meeting new friends and getting used to a new place. And I also learned more about Singapore.

Everything was so strange to me when I arrived in Singapore on the first day and that made me feel worried and nervous. However, my buddy and the host family were very nice to me and they tried to help me get used to Singapore by sharing with me their daily lives in Singapore and showing me the places around. I felt more and more relaxed when the days went by, especially after the outings organized by the exchange programme and my host family.

To me, one of the purposes of joining this programme is to know more about Singapore and gain experiences which we cannot have in Hong Kong. From the Singaporean students, we have learnt how to reflect on ourselves, for example, how they learn; how they perform at schools; how they behave.

The main difference between Singaporean students and us is the attitude. They are always polite no matter at home or outside, for example, my buddy always respect his family members which is what I have to learn from him. At school, Singaporean students respect each other. In particular, they respect the teachers very much. Even if they were punished by teachers, they would not argue with them.

After this programme, I realize that I have a lot to learn from the Singaporean students. This helps me to reflect on myself. I am very regretful for what I have done to my family members and teachers. Apart from knowing more about this wonderful country and meeting new friends, I have also learned how to be a good student and family member.

