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Part II: Human Body

Part V: Physiological Basis for Exercise and Sports Training

Part VI: Sports Injuries, Treatment and Precautions.

Part IX: Sport and Recreational Management

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Part I: Physical Education , Sport, Recreation, Leisure and Wellness: History and Recent Development

Part III: Movement Analysis

Part IV: Fitness and nutrition for health and performance in physical activities

Parts VII: Psychological Skills for PE, Sports and Recreation