

“A VALUE A MONTH PROGRAMME”

Our school emphasizes holistic development in students. We believe that helping students develop sound values is as important as teaching them reading, maths, science, etc. Therefore, various committees including the Guidance and Counselling Committee, Discipline Committee, Moral, Civic and National Education Committee, ECA Committee and Careers Committee join hands to implement the “A Value A Month Programme” in this school year. These values include: **responsibility, respect, honesty, gratitude, wisdom, love, co-operation** and **tolerance**. Various activities such as slogan design competition, speeches by students during morning assemblies, class periods, talks, workshops, song dedication, visits, training camps, film sharing sessions, and so on, would be held to inculcate the above-mentioned sound values in our students. Here I would like to point out the key importance of each of these values.

Responsibility – Every person must be responsible for oneself. It is a matter of taking charge of your own life and your circumstances through your own thoughts, words, and deeds. Exercising your responsibility is the action of not being dependent on others. You alone are in control of your actions and your destiny and bear the consequences. Others cannot live your life for you. You can seek guidance to take into consideration, but remember that it is you who is the authority to take it or leave it. No one can force you and you are fully responsible for what you have thought, said and done.

Respect - We live in a diverse place made up of many different cultures, languages, races, and backgrounds. That kind of variety can make all our lives a lot more interesting, but only if we get along with each other harmoniously. And to do that we have to respect each other. Treating people with respect makes our world a nicer place to live in, whether it is at home, at school, or out in our community. And it is easy - all you have to do is treat people the way you like to have them treat you.

Honesty - This is essential in each and everything we do in order to create a good impression and assure others that we are capable and trustworthy. Honesty takes a person a long way in the journey of life and one can gain respect in the society only by being honest. In case of dishonest people, second chance is very rare to come by because people will feel that the dishonest person will have no commitment and keep on repeating his mistakes. Resorting to any kind of dishonest behavior such as cheating and telling lies can permanently ruin your own image. If we can follow the path of honesty, we can live with pride and honor with our head held high.

Gratitude - It feels good to express our appreciation to others. Saying thank you with sincerity can have great benefits for both you and the person you are saying it to. The reason is simple and straightforward. When you feel grateful, you feel alive and a smile creeps onto your face. The other person gets to feel being appreciated and he or she must also show gratitude to

you in return. It costs absolutely nothing. Any time you want to feel good, you can quickly change your emotional state just by redirecting your focus onto gratitude to your parents, brothers and sisters, friends and teachers.

Wisdom - Wisdom is defined as learning acquired over a period of time and wise people have the ability to see beneath the surface of things. Wisdom can help us to distinguish what is really good and what is really bad to us. With our wisdom, we can make a wise judgment, action, or decision which will benefit ourselves both in the short term and in the long run. At the same time our wisdom can help putting stop to any evil intentions and minimizing negative outcomes.

Love - Love is a feeling and is characterized by a sense of attachment and affection towards somebody or something. This feeling makes the world go around since it satisfies the emotional needs of human beings. Human beings have an innate quality of giving and feeling love. The feeling allows people to treat each other with kindness and compassion. Love is for giving and not for taking. When we give love to others unconditionally and without any expectations, we get it back in plenty without even asking for it.

Co-operation - We are not born to be single persons in this world. There is strong interdependence among people. It is extremely rare for people to accomplish their tasks all on their own. Cooperation is thus necessary. Our aim in our lives should be to help each other achieve things not only for peace but for our improvement and betterment. Cooperation comes firstly from within us. In order to enable it to work we must devote a large part of ourselves - without greed and jealousy - to fulfilling work which aims to finish the task at high quality.

Tolerance - One thing that is obvious in nature is the prevalence of great diversity. There are so many different peoples, foods, customs and general ways of life. The greatest challenge faced in establishing peace and achieving a good life for all is learning to be tolerant of the diversity and differences that exist in our society. Tolerance is really a very highly useful quality. It is one of the basic principles of good manners. We can do justice if we are tolerant to hearing the different views of others. We must be tolerant of the views however bitter that may be. Tolerance as a quality is indispensable in the democratic countries.

I sincerely hope that all the above values could be nourished and developed among the students in SEKSS(WK). Try to imagine that if every student in our school is filled with these qualities and values, what our school will be. I really wish that the graduates from SEKSS(WK) will become responsible and respectful citizens who can uphold all these essential virtues at all times and be proud of themselves.